

Holle Burger Gooss

Certified as a PBSP® Therapist May 4th, 1994

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Where do you live/work?

Since August 2006 I have been living in Freiburg, Germany. I have been working for 25 years in Freiburg and Basel. My office addresses are:

- D 79098 Freiburg, Konviktstr. 17 W
- CH 4104 Oberwil BL, Talstr. 39

What is/are the name(s) of the training group(s) that you were/are in?

I was member of the 2nd training group in Basel (1983-1989).

What other education/training have you received?

Clinical experience in psychiatric University Hospital with adults and children, training in Psychoanalysis, Systemic/Family Therapy, Bioenergetics, Transactional Analysis.

How did you hear about PBSP® initially?

In 1982 by colleagues in Basel, especially Niko Roth.

Why did you want to become a certified PBSP® therapist?

I think, certification is a milestone in reflecting and evaluating ones own competence. I wanted to make a contribution to the acknowledgement of PBSP® in the German speaking professional field.

What do you think of PBSP® as a therapy process and/or how do you use it in your work?

PBSP® is a very powerful method, always exciting, very respectful of the client, and full of life. I appreciate that PBSP® has within it elements that relate to many other methods I was trained in before.

What are your other PBSP® involvements if any?

I was the president of the Education Committee of the Swiss-German Association for Pesso-Therapy (PVSD) for 7 years.

Together with my husband Birger Gooss, teaching member of the International Transactional Analysis (and because of his death in January 2006 without him), we were, and I am now, rather engaged in PBSP®:

- in an ongoing PBSP® therapy group for 20 years;
- in a lot of therapy workshops, four times a year, but increasingly because of high demand;

- in introducing PBSP® in other professional fields (specially TA) and other applications (especially couple-therapy, consulting, teaching and supervision) [please note Holle is not a certified PBSP® Supervisor or Trainer]
- in many workshops and presentations on national and international conferences and professional training centers of other methods;
- in permanent experimental development in one-to-one-therapy.

Other than PBSP® what you do for work and/or other interests?

I like my work, but many other things in life too: nature, art, my piano, my garden. I like to be active in sports, to have contact with my friends and I love my children and grandchildren.