

## Martin J. Howald

Certified as a PBSP® Therapist Spring of 1985  
Certified as a PBSP® Supervisor November 19th, 2002

Psychoanalytic Psychotherapist, including Bodywork, Imagination-Work and PBSP®  
Year of birth: 1937, in big European tension before World War II

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### **What is/are the name of the training group(s) that you were in?**

My Training was with the "Swiss Training Group 1" (so called "Belgian/Swiss") from 1981-1984.

### **What are your other PBSP® involvements?**

- Organizer/Coordinator of the Swiss Training Groups 1 - 6 in Basel, Switzerland
- President of the Third PBSP®-Conference in Basel in 1996
- Presenter on PBSP® at Conferences for Psychotherapy and for some Schools of Therapy
- President of the Swiss/German Association of PBSP® (Pesso-Vereinigung Schweiz / Deutschland - PVSD) from 1995 to 1999
- Coordinator of the ongoing Open Experiential Workshops in Basel with Albert Pesso
- Organizer and coordinator for the first PBSP® Training Group in Prague, Czech Republic

### **Where do you live/work?**

My home address is: CH - 4106 THERWIL, Im Mühleboden 48  
My Office address is: CH - 4053 BASEL, Laufenstrasse 82

### **Why did you want to become a Certified PBSP® Therapist & Supervisor?**

In our times (the eighties) certification was said to be the normal end of any PBSP®-Training, so there was never any question of certifying or not.

### **What do you think of PBSP® as a therapy and/or how do you use it in your work?**

PBSP® is one of my favorite methods in Psychotherapy and helped me a lot both in group work (21 Years of ongoing PBSP®-groups) and in one to one sessions.

Since 2002 I have been using PBSP® in one to one sessions with clients and once a month in a Saturday group.

### **Other than PBSP® what do you do for work and/or other interests?**

I am still interested in Psychoanalysis and Body-work.  
My other interests are

- our first grandson Andrin
- all the old oriental semitic languages, which I rediscovered since I got older