

## Petra Vrtbovska

Certified as a PBSP® Therapist November 11th, 2010

Ph Dr. Petra Vrtbovska PhD.

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### **When were you certified as a PBSP® therapist?**

11/11/2010

### **What is/are the name(s) of the training group(s) that you were/are in?**

I have trained in PBSP with Albert Pesso in New Hampshire and in Boston, MA, USA

### **What other education/training have you received?**

MA, PhD at Charles University in Prague

Certified therapist and therapist in Motivational Interviewing (2002)

Certified therapist in Dyadic Developmental Psychotherapy (2010)

### **Other accomplishments in my field of work are:**

In 2003 Petra established an Institute for Family Care Development called Natama.

Natama focuses on therapeutic parenting, especially in foster care environments and with adoptive families.

Petra's practice is in therapeutic work with children, families and parents as individuals.

### **How did you hear about PBSP® initially?**

I heard about this system or method through a PBSP therapist in Prague.

### **Why did you want to become a certified PBSP® therapist/supervisor/trainer and what do you think of PBSP® as a therapy process?**

I find that PBSP is one of the most effective therapeutic systems ever. I fully identify with it on philosophical as well as psychological and scientific level.

### **Do you run any PBSP® Groups ?**

I run two PBSP therapeutic Groups. One in Prague and one in Ostrava. Both are in the Czech Republic.

### **Do you do provide PBSP® therapy one to one sessions and/or how do you use it in your work?**

Yes. It is very effective in my work with parents and / or substitute parents as a part of my work with traumatised children.

**Do you take insurance? If so what kind?**

The organization I work at (Natama Institut) is fully insured for direct work with people.

**What are your other PBSP® involvements if any?**

I have co-written a book with Albert Pessa and Diane Boyedn – Pessa. The book is called Introduction to PBSP (in the context of neurobiology and attachment theory) SCAN – Tisnov, 2009

**Other than PBSP® what you do for work and/or other interests?**

I am a comparative scientist, I am also interested in mythology and fairy tales, story telling in general. I am an active painter; I have exhibited my oil paintings four times in Prague and once in the USA.